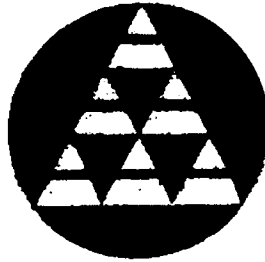


Hope House

Social Model Recovery
Transitional Living Center

Client Guide



Alcoholism & Addiction Assistance Association
An Arizona Non-profit Corporation

316 North 11th Way

Phoenix, AZ 85006

Office Phone (602) 254-5434

Client Phone (602) 256-9922

Hope House

Owned and operated by
Alcoholism and Addiction
Assistance Association
A non-profit Corporation

ABOUT OUR PROGRAM

Hope House is a long term (3-12 months) Halfway House for recovering adult male alcoholics and addicts. We provide a sober living environment – to give motivated, newly sober alcoholics and addicts a chance to change their lives.

Hope House is self-supporting through client fees and is not funded by any outside organization. Our program is based entirely on the 12 Steps. We do not offer “treatment” in the traditional sense of the word. We expect clients to find their own recovery in the 12 Step program of their choice. We do provide a safe, sober, environment where problems may be discussed openly.

TO THE POTENTIAL CLIENT

You alone are responsible for becoming and remaining a resident of **Hope House**. Willingness to commit to working the 12 Steps, going to meetings and getting a sponsor are absolutely essential. If you are not ready to indicate **through your actions** your willingness to change your old ideas, attitudes and behavior, we suggest you seek help elsewhere.

GUEST POLICY

Guests are allowed to visit you at Hope House. The client must accompany the guest at all times. Guests are not allowed in the living area at any time. The manager retains the right to prohibit or restrict the visitation privileges of any client who, in the opinion of the staff, appears to be abusing this privilege. **All guests must vacate premises 15 minutes prior to client’s curfew.**

ADMISSIONS

Admission to **Hope House** is based upon staff acceptance after a personal interview. All clients must be detoxed prior to acceptance in our program. **We require a minimum commitment of ninety (90) days to our Program.** This may be the first positive, attainable, and lasting commitment you make for yourself in recovery. **Hope House** is specifically designed to assist adult male alcoholics and addicts. Occasionally we have clients who may require additional help, which we refer to outside sources.

READMISSIONS

The staff will consider each situation regarding a client’s readmission on an individual basis. The terms of a client’s readmission will be based upon the circumstances surrounding their discharge. Generally, if discharge was due to the use of alcohol or drugs, a minimum period of three days must have elapsed in addition to a clean UA before consideration for readmission. Ultimately it is left to management’s discretion. Any past client fees must be paid prior to consideration for readmission.

OUR FACILITY

Hope House bedrooms have multiple beds. There is some limited storage space available. Linen is provided, and there are laundry facilities available on the premises.

HEARING IMPAIRED

Information about our program is available via TDD by using the Arizona State Assistance Line.

TTY Number 1-800-367-8939

Voice User 1-800-842-4681

MAILING ADDRESS

Hope House
316 North 11th Way
Phoenix, Arizona 85006

MEALS

Meals are included in your client fee. The kitchen area is restricted to staff and those assigned to dish washing and/or kitchen cleanup. Food is available in the client refrigerators, and on the bread and pastry shelves in the main dining area 24 hours a day. Clients must mark all items placed into the refrigerators with their name and the date, and respect the property of others. **No food is permitted in the basement at any time.** Meal times are

Breakfast	Weekdays 5:00 – 6:00 AM
	Saturday 6:00 – 7:00 AM
	Sunday 8:30 – 9:00 AM
Dinner	Everyday 5:00 – 6:00 PM

Late Dinners are prepared for those who work past 5:00 pm

TELEPHONE

Please be mindful of the anonymity of those you live with when answering the phone. **(Always answer the phone with “Hello,” not “Hope House.”)** If someone wants to know who you are, say you are his roommate, and take a message. Due to the number of people using the telephone, telephone time is restricted to **ten** minutes. No long distance, toll or collect calls are possible. If you make calls to girlfriends, family, etc., please use the pay phone if those calls will take longer than five minutes.

CLIENT PHONE NUMBER: 602-256-9922

PROGRAM GUIDELINES

Our program is based on the principles underlying the 12 Step recovery process. Your commitment to living clean and sober, and your willingness to accept responsibility for your actions, are essential if you plan to stay at **Hope House**.

Non-compliance with the following guidelines may result in disciplinary action or discharge:

1. You **must** remain clean and sober, you will be discharged immediately if you do not. You are expected to stay out of bars and places where drugs are being sold.
2. Client fees **must** be paid in advance at all times.
3. You **must** attend the **mandatory** house meeting Sunday@ 8:00AM.

4. You **must** be gainfully employed. "Gainful employment" means a job which will enable you to pay all Client Fees, as well as your miscellaneous living expenses. Working at a bar, topless club, as a taxi driver or on a graveyard or swing shift is not permitted.
5. You **must** obtain a sponsor in the 12 Step Program of your choice, work the steps and provide the staff with your sponsors phone number; within **7 days** of your admission. You must get a homegroup and service commitment and provide the staff with that information within **14 days** of you admission; and attend your homegroup meeting every week.
6. You **must** submit all approved medications to staff; they will make these medications available to you.
7. You **must** respect the rights of other clients and the staff, abusive behavior, whether verbal or physical will not be tolerated. You **must** be considerate of others in regards to the volume of your stereo or T.V. and have their **expressed** approval to use these at late hours
8. **There is no smoking** allowed inside Hope House.
9. You are responsible for keeping your sleeping area clean, making your bed and cleaning up after yourself in all areas of Hope House. You must be out of bed by 7:00 A.M. each morning. Sleeping on the couches is not permitted!
10. If you are a new client – or behind on fees you **must** be on the property by 9:00pm. **9:00pm means 9:00pm**
11. You **must** maintain a 12 Step service commitment.
12. If not already employed, you **must** be out of the house and looking for work between 8:00 A.M. and 4:00 P.M.
13. You **must** sign in and out on the sheet provided.
14. You **must** be in the house prior to curfew – Sunday through Thurs. nights at 11:00 PM Friday, 1:00AM Sat., 1:00AM.
15. You are responsible for your personal hygiene.
16. You **must** perform your assigned chore each day, (check-with the chore monitor) and participate in the cleanup each Sunday at 7:30AM.
17. You **must never** bring weapons of any kind onto the grounds of **Hope House**.
18. You may request an overnight pass for weekend nights only, with the following guidelines.
 - a. You must be a resident for over 30 days
 - b. You submit your request prior to 6:00 PM Thursday.
The request must include where you are going and why, the phone number, and the name of the client who agreed to complete your chores
 - c. Client fees must be paid (1 week in advance).
 - d. All strikes must be worked off before you submit pass.
19. You must immediately make staff aware of anyone using alcohol or other drugs at Hope House. If we find you had knowledge of someone drinking or using drugs, and you did not tell the staff – **you will be discharged**. Also, you must immediately make the staff aware of any emergency situation, medical or otherwise.

STRIKES

Breaking any of the rules of the Hope House is a minimum of the client receiving a "Strike." If you receive a strike you will be given one (1) week to work it off. (See a staff member to work off strike)

When you are discharged, you have 72 hours to pick up your belongings, after that it becomes the property of Hope House. WE ARE NOT A STORAGE FACILITY.

Fees

Our client fees are \$105 weekly. The client fees include meals, board and utilities. We also have a website: 5a.org to get further information and pictures of the facility.

12 STEP MEETINGS

Our program is based entirely on the principles of the 12 Steps. Attendance at 12 Step meetings is required. Upon admission to Hope House, each client will attend a meeting a day for the first ninety (90) days, in addition to the mandatory House Meeting. Failure to make at least this number of meetings is grounds for consequence chores; failure to meet these consequences is automatic discharge. These meetings may include, but are not limited to, AA, CA, CMA, HA, or NA. Clients must keep a list of meetings they attend, to be signed by the chairperson of each meeting. You are required to meet with your sponsor once a week and have him sign your meeting slip which is to be turned in and verified at the Sunday Mandatory House Meeting.

MANDATORY HOUSE MEETING EACH SUNDAY AT 8:00 A.M.

All clients must attend the house meeting, failure to do so will result in your discharge. In addition, there are several open 12 Step meetings held each week at our facility. There is a list of these available in the office.

ABOUT ALCOHOLISM AND ADDICTION ASSISTANCE ASSOCIATION.

Our program was started in 1970 by Tony Paskalakis, who saw a need for housing the homeless alcoholic or addict who sincerely wanted to change his life. Since our foundation, we have operated **Hope House**. **The Solution** was opened in 1993. It is located at 4210 N. Longview, in Phoenix. **Craig Shell's The New Solution** was opened in 2004 and is located at 4430 N. 23rd Avenue in Phoenix. Alcoholism and Addiction Assistance Association is a non-profit Corporation.

About Us

Alcoholism & Addiction Assistance Association is a 501(C)(3) non-profit corporation operating three facilities in Phoenix, Arizona. It was founded in 1969 by Tony Paskalakis when he saw a need for helping the homeless alcoholic or drug addict who sincerely wanted to change his life. Since its foundation, 5A has operated the Hope House at 316 N. 11th Way. Hope House can accommodate 32 men. The Solution, a transitional living center at 4210 N. Longview Ave., was opened in 1993. It is a garden apartment complex with 100 beds, and offers much needed help to both men and women. In 2004 Craig Shell's The New Solution was opened, offering 46 more beds to newly sober men and women in need. All three of 5A's facilities are fully licensed as halfway houses by the Arizona Department of Health Services and all donations are tax deductible to the extent permitted by law.

Our Mission

"Affirming human dignity and providing clean, safe, sober living environments for newly sober alcoholics and drug addicts who truly have the desire to change their lives."